



Family Support Foundation
for
MENTAL ILLNESS

FOR IMMEDIATE RELEASE

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Race to Texas Motor Speedway on June 5th for Family Fun Day

--Proceeds benefit organizations fighting to reduce the stigma surrounding mental illness--

Dallas, TX – May 27, 2010—The Family Support Foundation for Mental Illness (FSFMI) is pleased to host Family Fun Day on Saturday, June 5th, 2010 at the Texas Motor Speedway. The event will include clowns, Disney® characters, rides, bounce house villages, vendors, and other fun family activities. The event begins at 12:00 PM, and concludes with a 3:30 PM concert by Julianne Hough, Country Music Artist and *Dancing with the Stars* performer. Julianne will be performing songs from her current CD. Tickets for Family Fun Day are currently on sale at www.texasmotorspeedway.com, and at the gate on June 5th. Tickets are \$20 for adults, \$10 for children under twelve, and free for all children under the age of two.

All proceeds from Family Fun Day will support FSFMI and Speedway Childrens Charities. FSFMI funds will be directed to organizations and initiatives that provide critically needed support for individuals and families coping with mental illnesses, including NAMI-Texas' "Operation Resilient Families", Active Minds, and FSFMI's anti-stigma school education public awareness campaign, "Friendship Matters".

"FSFMI is proud to be hosting Family Fun Day for such a great cause, and we are so pleased to have the talented performer, Julianne Hough, at the event," stated Jonathan Foxman, Executive Director of the Family Support Foundation for Mental Illness. "It means so much for us to be able to support such critically needed programs."

“Operation Resilient Families” is a family mental health program developed by NAMI-Texas serving active military, veterans, and their families. The program delivers mental health education and support to military service men and women and their families upon their return from Iraq and Afghanistan. Active Minds is a national non-profit organization, based in Washington D.C., which develops and supports student-run chapters at colleges and universities. They are the only organization currently working to utilize the student voice to change the conversation about mental health issues on college campuses. The “Friendship Matters” program takes place in the classroom where students participate in an arts and crafts project while learning important information about mental illness.

Sponsors of the event include Quality One, Alcatel, Hilton Hotels, News Connection, Brookshires, and GetLisa.

About The Family Support Foundation for Mental Illness

The Family Support Foundation for Mental Illness exists because there is such a great need to improve the lives of so many of our friends, our parents, our children, and our brothers and sisters who face the challenges of mental illnesses themselves or struggle to support a loved one.

The Family Support Foundation for Mental Illness is a registered 501(c)3 non-profit corporation dedicated to the belief that we all should help those suffering feel a little less alone, a little less invisible, a little less like no one understands and no one cares.

For more information on the Family Support Foundation for Mental Illness, visit us online at www.fsfmi.org or on our Facebook page at www.causes.com/fsfmi. For companies interested in helping the Family Support Foundation for Mental Illness make a difference, please contact Jonathan Foxman at jdfoxman@fsfmi.org.

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